KONNERUD 1927 IDRETTSLAG

O-gruppa

Triatlon Konnerud søndag 25. oktober 2015. Orientering - Rulleski - Sykkel

Gutter

Plass	Navn	O-løp	Skifte	Rulleski ut	Rulleski 1. runde	Rulleski passering	Rulleski 2. runde	Rulleski inn	Skifte	Sykkel ut	Sykkel 1. runde	Sykkel passering	Sykkel 2. runde	MÅL
1.	Audun Heimdal	20:45	01:35	22:20	11:12	33:32	12:18	45:50	01:20	47:10	11:50	59:00	10:40	**1:09:40**
2.	Jonas Juveli	21:19	01:37	22:56	12:13	35:09	13:19	48:28	01:07	49:35	10:15	59:50	10:49	**1:10:39**
3.	Jørgen Baklid	20:52	01:48	22:40	10:53	33:33	12:18	45:51	01:21	47:12	11:49	59:01	13:18	**1:12:19**
4.	Aslak Heimdal	33:10	01:35	34:45	12:45	47:30	13:22	1:00:52	01:48	1:02:40	11:02	1:13:42	11:22	**1:25:04**
5.	Håvard Svingheim	34:35	01:37	36:12	12:06	48:18	13:21	1:01:39	01:17	1:02:56	11:21	1:14:17	12:54	**1:27:11**
6.	Sindre Norbom	40:27	01:48	42:15	12:07	54:22	13:18	1:07:40	02:00	1:09:40	12:29	1:22:09	12:33	**1:34:42**
7.	William Akselsen	40:51	02:48	43:39	13:53	57:32	13:53	1:11:25	01:02	1:12:27	10:44	1:23:11	12:10	**1:35:21**
8.	Henrik Laukli	40:26	03:15	43:41	13:04	56:45	13:13	1:09:58	01:57	1:11:55	12:35	1:24:30	12:45	**1:37:15**
9.	Ole Andre Skonnord	40:35	01:37	42:12	13:53	56:05	15:07	1:11:12	01:15	1:12:27	12:06	1:24:33	12:53	**1:37:26**
	Bjørn Baklid	45:00												

Jenter

1.	Mari Landro Svingheim	40:28	02:00	42:28	13:37	56:05	14:40	1:10:45	00:59	1:11:44	13:02	1:24:46	14:26	**1:39:12**
	Thea Baklid	40:24	01:27	41:51	13:46	55:37	14:35	1:10:12	01:28	1:11:40	13:20	1:25:00	Skada	
	Isa Heggedal	36:08												
	Ina Landro	36:08												
	Anniken Ranvik	40:40												